



ATMA Kalakshetram

An initiative of **ATMA Foundation**

presents

anthara

EXPLORING RELATIONSHIPS

**Bharatanatyam
Duet Performance By
UMA GOVIND &
VIDHUN KUMAR**



All Are Welcome !

18th September 2022, Sunday 5.30 to 8 pm IST

@ Swami Vivekananda Sarva Dharma Maitri Prathishtan

Bharatiya Vidya Bhavan Hall, Vadakkechira, Thrissur - 1



Man is a relational being. We rely on the strength and depth of relationships to survive and thrive.

Here, through the medium of Bharatanatyam, Uma and Vidhun are trying to explore the beauty of human relationships.

Commencing with the divine relationship of the Jeeva and the Paramatma, the duo then brings us to the realm of the human. Friendship, love, family... strong bonds forged through birth and life, that elevate our emotions into *bhaava* and *rasa*. The bond between the Guru and the Shishya is also explored - as a relationship that helps one evolve towards Enlightenment.

ATMA, with our firm commitment to strengthening relationships, is proud to present Anthara at Thrissur.

We cordially invite you to join us and enjoy this beautiful performance. Looking forward..

UMA GOVIND

A Bharatanatyam exponent and choreographer, Uma is an empaneled artiste with the Indian Council for Cultural Relations (ICCR) and SPICMACAY and an A Grade artiste in Doordarshan. She is the Founder - Director of Shri. Prakruthi Arts, Bangalore. Beginning her dance journey under Guru Smt V Mydhili, she is currently doing advanced training under Kalaimamani Smt. Rama Vaidyanathan from Delhi.



VIDHUN KUMAR

An IT professional with a passion for dance, Vidhun was initiated into Bharatanatyam by Guru Jayasree, *Natyasree* Pathanamthitta. Now an ICCR empaneled and Doordarshan graded artiste, Vidhun has received the Nritya Nipuna Award from Nalanda University, Mumbai. He is currently continuing his advanced training under the guidance of Guru Smt. V Mydhili from Trivandrum.



ATMA Foundation is a Non- Profit Voluntary Organisation that strives for individual empowerment, family welfare and community development. ATMA runs projects and campaigns in different areas like Child Protection, Women Empowerment, Education, Disaster Relief and Rehabilitation, Youth Development, Art & Culture, Digital & Financial Empowerment, Yoga promotion, Health, Guidance & Counselling, etc. www.atmafoundation.org

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ATMA Kalakshetram promotes art as a culture for happy, healthy and harmonious living. It provides facilities for people of all age groups to learn, understand and appreciate classical art forms.

Regular Classes of ATMA Kalakshetram
Dance, Music, etc..

@ Thrissur, Kolazhi & Palakkal

For Details & Registration : 0487-2325232, 8330010042



ATMA FOUNDATION

Volunteering Transformation

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